9. F <u>Fluorine</u> (2.17)

Holistic Judge of Glamorous Candidates

Seeing beyond surface appearances.

Row 2. 2nd (Sexual) Chakra: Relationships and Creativity.

Column 17. Stage 17: Seeing the Big Picture—Reality as paradox. (Compassionate connection and healthy separation.)

Lesson: It's easy to be drawn in by the surface appearance of things, to be seduced by glamorous appearances or the promise of quick-fixes. However, there is much more going on than how things first appear. Look beyond surfaces to the whole picture, then act in relation to the whole.

Gift: Fluorine, the Holistic Person who sees beyond surface appearances and interacts with the whole picture, represents our ability to see beyond seductive surfaces. Reality is complex, made up of many different parts that together create wholeness, made up of both surface appearances and depths. Fluorine's gift is the ability to see both the parts and the whole picture, both the surface and the depths.

We can be excessively concerned about "looking good"; obsessed with our external appearance—cosmetics, fashionable clothes, cosmetic surgery, etc.—while ignoring our deeper health and well-being. Or we might judge others by their external appearance, their "image," clothing, fancy possessions, etc., while ignoring their character and ethical values. But if we react only to the surface appearance, we will miss what is truly important.

For example, a pretty face or beautiful clothes can cover up a destructive personality. Or when faced with a problem, we might respond by going for the easy way out, going for the "Quick Fix" that only causes more problems later on, when by taking the time to explore the Big Picture, we can find a better solution. **Fluorine**'s gift helps us see beyond glamorous, seductive surface appearances and avoid simplistic "quick fixes," so that instead we can act with awareness of the whole picture.

- "I see beyond surface appearances; by recognizing both the parts and the whole picture, I can act more effectively."
- "I can see and relate to the whole picture, beyond seductive surface appearances."
- "When I am faced with a problem, I can avoid simplistic 'quick fixes' because I look at the whole picture before taking action."

Imbalances (Problems and Recommendations):

- You may be excessively concerned about your external appearance—your "image"—while ignoring more important issues such as your health and well-being. You may need to pay more attention to your inner life and focus on expressing positive, healthy values. In the long run, you will be much better off.
- You may be overly impressed by others' external "image" and appearances, while overlooking the values and character of the people you are hanging around with. Avoid being seduced by superficial glamour. Pay attention to the whole picture, and your life and relationships will be much more satisfying.
- You may be drawn to simplistic "Quick Fixes" that in the long run will cause even more problems. Although what you are doing may seem easy now, the truth is that you are only taking the easy way out; in the long run the outcome for you will not be so pleasant. Slow down and think about the Big Picture. Find a solution that considers all the aspects involved, instead of just jumping quickly into what seems the "easy way out."